

# Training Guide

**01455 552800**  
[nationwideplatforms.co.uk](http://nationwideplatforms.co.uk)

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## Virtual reality training

Employing pioneering new technology, we are able to allow operators a true-to-life experience in a safe and controlled environment.



**Nationwide Platforms**  
A **LOXAM** Company

## Remote and virtual learning

We offer remote and virtual learning courses such as Virtual MEWPs for Managers and Virtual PASMA Towers for Managers, delivered by our qualified instructors via Microsoft Teams.



**PASMA**

**Nationwide Platforms**  
A **LOXAM** Company

## Powered access training

Look for International Powered Access Federation (IPAF) accreditation training. These courses are internationally recognised and offer training in using, managing and working effectively with access platforms.



## Workplace safety

From IOSH to First Aid training, manual handling and more, we can provide your training at one of our dedicated training centres or at your workplace.



## Steps, ladders and aluminium towers

We deliver courses offering training in the safe use of ladders and steps, as well as PASMA training for the construction, use and inspection of mobile aluminium towers.



**PASMA**

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## Site specific training advice

Use our Toolbox Talks to get your employees up to speed. We can provide tailored courses on working at height on your site.



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# Nationwide Platforms

**As the European market leader in powered access training, we have the expertise to help you work safer and more productively at height.**

## **Let us help you find:**

- IPAF, PASMA, IOSH, Ladder Association, NPORS, CPCPS and other accredited courses delivered by fully trained, award-winning instructors
- On-site, bespoke training and Toolbox Talks
- Virtual reality training course on-site in our state of the art mobile training classroom
- One clear price that includes digital licence. Physical IPAF PAL cards can be purchased for £15 + VAT
- Training on your work site or at one of our training centres across the UK

**With vast experience of working on major projects and tackling site specific issues, the services we can offer you include:**

- Risk assessment and method statements
- New product development
- Powered access policies
- Machine modifications
- Health and safety guidance





## Size and scale

Operating from depots conveniently located across the country, with a fleet size in excess of 11,500 machines, Nationwide Platforms provides an extensive range of working at height solutions from low level pop-ups to powered access platforms with working heights of up to 90 metres.

*"We're proud to be part of Loxam Group, Europe's largest provider of working at height training"*

19

Trainers

with

350

Combined training years  
experience

4,500

Courses provided  
annually

31,000

Hours trained  
annually

22,000

Delegates trained  
annually

2011-20

IPAF's largest  
training provider  
in Europe

# my.Training Online Booking System

## View and manage all of your access platform training bookings online.

Managing your working at height training is a full time job in itself. The my.Training service makes your life easier, with a single place to ensure your operators are safe and confident in their use of access platforms.

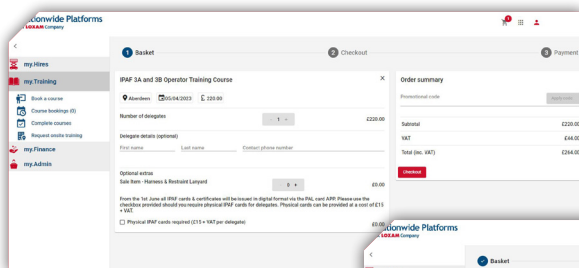
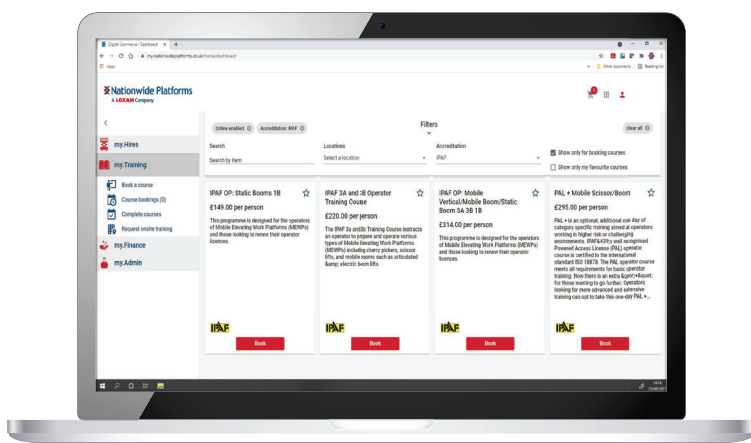
The my.Training service is available to you via the my.NationwidePlatforms customer account service.

### Nationwide Platforms' my.Training service provides you with the ability to:

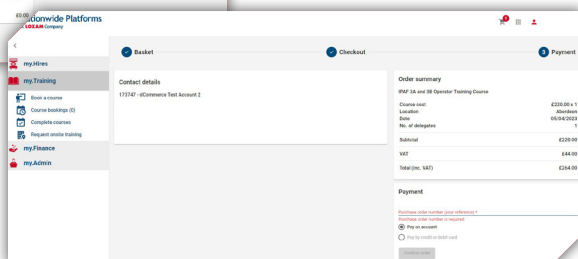
- View all scheduled courses offered by the Nationwide Platforms Training Team
- Book multiple delegates onto any scheduled course
- Place course bookings against your agreed account rates
- Manage delegate details until the scheduled date of the course
- Register CITB Levy information
- Request on-site courses



Amend bookings and delegate details, review upcoming courses and request on-site training.



Course booking system



View live scheduled courses

# Safety



**At Nationwide Platforms, safety is always our number one priority.**

That's why every single step we take to serve you has been designed with your welfare and wellbeing in mind.

We'd like to invite you to join our safety journey and see why you can always trust our products and services to provide the safeguard you need.







# Virtual Reality Training Simulator

**As Europe's leading provider of powered access training, Nationwide Platforms has invested in ground-breaking virtual reality simulators to complement its range of training courses.**

This pioneering new technology has been designed to allow operators to experience a true-to-life look and feel of operating an access platform in a safe and controlled environment.

- Four course principles
- 32 scissor and boom lift scenarios
- State-of-the-art virtual reality technology
- Replica controls based on real machines
- Fully immersive and realistic high-risk manoeuvres in a safe environment
- Conducted at training centres or on-site
- Operator skills scored using operator metrics and tracking systems

## **Training Benefits:**

- Operators familiarised with MEWP use
- Safer, more experienced operators
- Practice in responding to risk
- Reduction in the number of accidents on site
- Reduction to damage to buildings and equipment
- High Risk operating scenarios in a risk free environment

## **Training courses cover four principle areas:**

- Introduction to Powered Access
- Operator Mid-term Assessment and Update
- Site Induction and Workforce Skills Assessment
- Risk Assessment Workshop (see over for details)





The Virtual Reality simulator realistically mimics the sensation of boom and scissor lift operations.

# IPAF Operator Courses

**The International Powered Access Federation (IPAF) promotes the safe and effective use of powered access worldwide.**

Those who successfully complete IPAF training are awarded the Powered Access Licence Smart (PAL) card, the most widely held and recognised proof of training for platform operators. The PAL Smart card is valid for five years and shows the machine categories that the operator has been trained on. It also features the holder's photo and signature, and can be verified on IPAF's website ([www.ipaf.org](http://www.ipaf.org)).



## IPAF enhanced eLearning module

The enhanced eLearning modules are part of their full training programme for Mobile Elevating Work Platforms (MEWPs).

### How does it work?

This does not replace practical training and all trainees who complete the online session must still pass a supervised theory test at any of our IPAF training centres.

### Benefits:

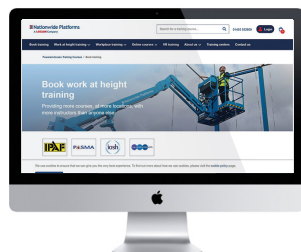
- Flexible
- Complete the theory in the comfort of your own home
- 24/7 availability
- Interactive engaging content, including videos, games, quizzes and simulations
- Longer practical sessions



## Booking your course

**Selection and booking of your chosen training course has never been easier.**

You can choose how you wish to book your training courses by either calling 01455 552800, or using our improved booking site [nationwideplatforms.co.uk/training](http://nationwideplatforms.co.uk/training) where you can select, book and pay for your training course online.



### Virtual reality training

See pages 10–11 for course details

*"IPAF welcomes this technology and immediately endorses the use of VR simulators as a good training tool for MEWP operations, when used in addition to the current IPAF theory and practical training programmes." Peter Douglas, IPAF CEO*



With more IPAF instructors, training centres and experience in delivering courses than anyone else, you can rely on us to get you trained and ready to work safely on your next project.

Our IPAF operator courses are available at our training centres across the UK and can even be held on your own site.

### IPAF Operator Courses



Our complete range of training courses are ideal for anyone looking for advanced or specialist training.

Our additional range of IPAF training for powered access users includes:

- IPAF MEWPs for Managers
- IPAF PAL+
- IPAF Competent Assessed Persons
- IPAF Demonstrator
- IPAF MEWP Courses

### 1b Static Boom

### 3a Mobile Vertical

### 3b Mobile Boom



#### Who should attend?

This programme is designed for the operators of Mobile Elevating Work Platforms (MEWPs) and those looking to renew their operator licences.

#### Aim

To instruct an operator to prepare and operate various types of MEWPs.

#### Outcomes

By the end of the course delegates will:

- Be aware of the relevant Health & Safety Regulations
- Be aware of accident prevention and control
- Be aware of the needs regarding personnel protection
- Be aware of the need to refer to the operating manual
- Be able to drive the MEWP safely and manoeuvre the machine as required, as well as correctly position and carry out the required tasks in a proper manner, inside and outside a building.

### Push Around Vertical (PAV)



#### Who should attend?

This programme is designed for the operators of Mobile Elevating Work Platforms (MEWPs) and those looking to renew their operator licences.

#### Aim

To instruct an operator to prepare and operate various types of MEWPs.

#### Outcomes

By the end of the course delegates will:

- Be aware of the relevant Health & Safety Regulations
- Be aware of accident prevention and control
- Be aware of the needs regarding personnel protection
- Be aware of the need to refer to the operating manual
- Be able to drive the MEWP safely and manoeuvre the machine as required, as well as correctly position and carry out the required tasks in a proper manner, inside and outside a building.

Duration	1 full day
Location	At our depot or on-site
Method	Classroom tutorials, theory test, demonstrations and practical tests
Delegate numbers	x 4 - 2 Categories x 6 - 1 Category

Duration	Half day
Location	At our depot or on-site
Method	Classroom tutorials, theory test, demonstrations and practical tests
Delegate numbers	8 per session max

# IPAF Courses

Whether you're in a managerial or supervisory position, require further safety awareness, or are aiming to teach others about using powered access, our extensive IPAF courses can provide you with the training you need.

As well as being internationally recognised, all of our courses are delivered by fully qualified instructors with experience in promoting working at height best practice.

## IPAF Demonstrator



The course for any IPAF operator who is required to handover and familiarise powered access, such as boom and scissor lifts, to customers or work colleagues.

### What will I learn?

- How to demonstrate and familiarise operators with their responsibilities when using powered access machines
- How to demonstrate pre-operational and safe operating procedures as well as understanding the limitations of MEWPs

## IPAF Operator (3A/3B) Harness User Bolt on

- You can now complete your Harness User training on the same day as your IPAF 3A/3B course (Harness Awareness e-learning must be completed online prior to attending).

## IPAF MEWP Harness courses



### Harness Awareness (HA)

- Essential for anyone undertaking any level of harness training.
- Sufficient for people who will not personally use a harness but will plan, manage or supervise the use of harness in a MEWP.

### Harness User (HU)

- Essential for anyone who will personally use a harness in a MEWP.
- Sufficient for people who will not conduct statutory inspections on behalf of an organisation.

### Harness Inspector (HI)

- Essential for anyone who will personally conduct statutory inspections on behalf of an organisation.



Duration	1-3 days
Location	At our depot or on-site
Method	Classroom tutorials, theory test, demonstrations and practical tests
Delegate numbers	x 4 - 2 Categories x 6 - 1 Category

Duration	1 full day
Location	At our depot or on-site
Method	Classroom tutorials, theory test, demonstrations and practical tests
Delegate numbers	HA - 10 per session HU - 10 per session HI - 4 per session

## IPAF MEWPs for Managers



The essential training for anyone who supervises or plans working at height.

### What will I learn?

- The importance of pre-use checks and daily maintenance carried out prior to commencing work
- A better understanding of the regulations relevant to MEWP usage
- How to use the correct emergency procedures, capacities and limitations to enable safe operation
- How to correctly select MEWPs and fall protection equipment

### Who should attend?

- Project managers, site managers, supervisors, team leaders and all other on-site personnel responsible for supervising MEWPs
- Health and safety managers with a responsibility for on-site safety sales staff, site surveyors and any other employee advising on powered access use
- Business owners and managers who have MEWPs operating on their premises

Duration	1 full day
Location	At our depot or on-site
Method	Classroom tutorials and written tests
Delegate numbers	x 10 per session

*Practical demonstrations are also included if machines are available*

## IPAF PAL+



### What will I learn?

- IPAF PAL+ provides advanced powered access training with an emphasis on practical skills
- Delegates will receive guidance and be tested on safe work at height in challenging environments
- Practical testing to overcome 'real life' challenges
- Supplementary classroom based training helps develop delegate knowledge

### Who should attend?

- Powered access users who have already obtained their IPAF PAL card in an applicable category
- Now a compulsory requirement from the UK Construction Group for netters and steel erectors since October 2013.

Duration	1 full day
Location	At one of our depots nationwide
Method	Practical training and testing alongside classroom tutorials, written tests and an interview to test operator knowledge
Delegate numbers	x 4 - 2 Categories x 6 - 1 Category

## The IPAF Competent Assessed Persons (CAP)



The IPAF Competent Assessed Persons (CAP) programme focuses on a crucial aspect of safety, that of the machine itself.

It is intended to provide guidance for platform engineers on compliance with regulatory requirements and to offer documented evidence that individuals can be regarded as competent persons to plan, manage or carry out thorough examinations of powered access equipment within the context of current legislation.

The CAP programme complements IPAF's operator training courses by extending the promotion of a safety culture to machine maintenance as well as operation.

Our experienced training staff will provide guidance through presentations and individually assess those attending the sessions.

Successful assessment provides suitable candidates with the valuable documentary evidence that they are certified as competent persons to plan, manage or carry out thorough examinations of platforms in the context of current legislation including the Work at Height Regulations, LOLER and PUWER 98.

Duration	1 full day
Location	At our depot or on-site
Method	Practical and classroom based
Delegate numbers	4 per session max

# Courses



## Ladders and Steps

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A Loxam Company



This programme is designed for managers, supervisors and operatives who may require to work at height using ladders or steps.

### What will I learn?

- A greater awareness of the regulations and legislation affecting employers and employees involved with working at height
- How to correctly select, inspect and safely use the appropriate ladders and steps for different tasks
- Understand how to safely position and secure ladders as access points or to use for work

## Nationwide Platforms Harness Course

**Nationwide Platforms**  
A Loxam Company



Training for managers, supervisors and operatives, who are required to select, inspect and use appropriate harnesses and lanyards.

### What will I learn?

- A better understanding of the Work at Height Regulations (2005), associated legislation and be fully aware of legal responsibilities
- Select the correct work equipment and restraint systems to help prevent falls from height thus reducing risk to yourself and to others
- How to carry out periodic inspections and thorough examinations of harnesses, lanyards and associated equipment to ensure they are safe and fit for purpose
- Confidently select and don the correct harness/ lanyard combination and associated equipment

Duration	Half day
Location	At our depot or on-site
Method	Practical and class-room based
Delegate numbers	x 10 per session

Duration	Half day
Location	At our depot or on-site
Method	Practical and class-room based
Delegate numbers	x 10 per session



## PASMA Standard Access Tower



This programme is designed for managers, supervisors and operatives who may need to construct, use and inspect Mobile Aluminium Towers (MATs).

### What will I learn?

- How to safely construct and de-construct MATs
- How to correctly carry out a full safety inspection of towers
- A greater awareness of the hazards associated with towers
- The Personal Protective Equipment (PPE) required for working safely with MATs
- The safety regulations associated with the use of MATs

## PASMA Low Level Access



Training for personnel who work from prefabricated units under 2.5 metres of height.

### What will I learn?

- How to safely assemble, dismantle and relocate low level access units without risk of personal injury to the delegate or others
- The legislations and regulations affecting working at height using low level access units
- The hazards associated with the use of low level access units
- The inspection of completed low level units and the management of inspections records

## PASMA Combined (Standard & Low Level)



The ideal course for anyone who work from low level access units and standard mobile access towers.

### What will I learn?

- How to safely assemble, dismantle and relocate low level access units and standard mobile aluminium towers without risk of personal injury to the delegate or others
- Current legislation, regulations and guidances affecting working from access towers and low level towers
- How to carry out inspections and maintain inspection records
- The hazards affecting the use of access towers and low level towers

Duration	1 full day
Location	At our depot or on-site
Method	Practical and classroom based
Delegate numbers	x 12 per session

Duration	Half day
Location	At our depot or on-site
Method	Practical and classroom based
Delegate numbers	x 12 per session

Duration	1 full day
Location	At our depot or on-site
Method	Practical and classroom based
Delegate numbers	x 8 per session

# Courses



## PASMA Towers on Stairways



PASMA Towers on Stairways for Users will equip you with the specialist knowledge you need to work safely with stairway towers.

### What will I learn?

- How to safely assemble, dismantle and alter stairway towers
- How to safely use stairway towers
- How to inspect stairway towers
- How to identify hazards relating to their use
- What legislation, regulations and guidance are applicable to these towers

## PASMA Virtual Towers for Managers



The essential Towers for Managers training for anyone who supervises or plans working at height.

### What will I learn?

- The importance of ensuring that work is properly planned and organised
- A better understanding of the legislation, regulations, and guidance relevant to mobile access tower usage
- How to correctly inspect and maintain towers

Duration	1 full day
Location	At our depot or on-site (solid stairway required)
Method	Practical and class-room based
Delegate numbers	x 8 per session

Duration	1 full day
Location	Virtual via Microsoft Teams, at our depot or on-site
Method	Virtual or classroom based
Delegate numbers	x 12 per session



# Courses

## First Aid at Work



This HSE approved course provided by British Red Cross is for workplace first aiders and other delegates who require the knowledge and ability to deal with first aid emergencies.

### What will I learn?

- How to use a first aid kit
- Treatment of an unconscious casualty
- Treatment for heart attacks, shock, choking, bleeding, burns and scalds, poisoning, fractures, seizures, fainting, low blood sugar, allergic reactions, eye injuries and other potential incidents
- How to keep appropriate safety records

## Emergency First Aid at Work



This HSE approved programme provided by British Red Cross is for nominated emergency first aiders, or anyone requiring a comprehensive one day first aid course.

### What will I learn?

- Basic life saving first aid in the workplace
- A more thorough knowledge of relevant Health & Safety Regulations
- How to manage an incident in the workplace
- The priorities of first aid
- Treatment of unconscious casualties, bleeding, seizures, choking, shock and resuscitation
- Common workplace injuries

## First Aid at Work Re-qualification / Annual refresher training



This HSE approved course provided by British Red Cross updates the first aid skills of people who need to renew their statutory first aid and work certificate. First aiders whose certificates have expired for more than 28 days must attend the three day course.

### What will I learn?

The course aims to update and refresh knowledge of the entire first aid syllabus. This includes:

- How to use a first aid kit
- Treatment of an unconscious casualty
- Treatment for heart attacks, shock, choking, bleeding, burns and scalds, poisoning, fractures, seizures, fainting, low blood sugar, allergic reactions, eye injuries and other potential incidents
- How to keep appropriate safety records

Duration	3 full days
Location	At our depot or on-site
Method	Practical and classroom based
Delegate numbers	x 12 per session

Duration	1 full day
Location	At our depot or on-site
Method	Practical and classroom based
Delegate numbers	x 12 per session

Duration	Re-qualification - 2 full days Annual refresher - Half day
Location	At our depot or on-site
Method	Practical and classroom based
Delegate numbers	x 12 per session



## **Mental Health and Wellbeing courses provided by British Red Cross**

**Mental Health & Wellbeing: Supporting others & yourself**

**Mental Health & Wellbeing: Coping with stress**

**Mental Health & Wellbeing: Building personal & team resilience**

**Mental Health & Wellbeing: Dealing with distressed callers**

**Mental Health & Wellbeing: Leading a resilient team**

**Mental Health & Wellbeing: Supporting people through difficult situations**



## **Ladder Association courses**

Nationwide Platforms are an approved Ladder Association centre and can carry out the following courses.

The Ladder Association recommends that all of those involved in the use of ladders undertake training at an approved Ladder Association training centre. There is a range of courses available to equip ladder users, managers and safety professionals with the knowledge they need to work safely with ladders:

**Ladders & Stepladders for Users**

**Ladder & Stepladder Inspection**

**Ladders & Stepladders Combined Use & Inspection**

**Ladders & Stepladders for Managers**

**Stepladders & Stepstools for Users**



To find out more and book your place, contact our team directly by calling **01455 552800** or by e-mailing [training@nationwideplatforms.co.uk](mailto:training@nationwideplatforms.co.uk).

# Courses

## Our pioneering virtual reality technology allows a fully immersive and realistic training environment.

With 32 scissor and boom lift scenarios designed to allow operators to experience a true-to-life look and feel of operating an access platform in a safe and controlled environment.

Conducted at training centres or on-site please contact **01455 552800** and ask one of our training consultants for full details.

## We can now offer VR training on the following courses:

IPAF Operator Renewal and PAL + Courses.

### Prerequisites

- Must hold a valid IPAF card
- Must hold 60 entries in log book with 12 being in the last year
- Must complete the relevant e-learning prior



## Introduction to Powered Access

### Nationwide Platforms A **LOXAM** Company

Designed to introduce new entrants to the industry the uses, risks and types of powered access equipment as well as the safety laws and regulations involved. Users will complete two basic manoeuvre scenarios on the simulator.

### Module 1 - Introduction to Powered Access

- What are they?
- What are the uses?
- What are the risks?
- Types of powered access

### Module 2 - Regulations & Law Overview

- Health & Safety at Work Act
- PUWER
- Working at Height

### Module 3 - Access Platform Controls

- Control Guide
- Control demo/walk-through

### Module 4 - Walk-through & Demo

- Simulator functions
- Familiarisation
- Scoring overview
- Module 5 - Testing
- 10 Question multiple choice
- 2 VR Scenario Tests

Duration	Half day
Location	At our depot or on-site
Method	Virtual reality experience
Delegate numbers	6 maximum

## Operator Mid-term Assessment / Update

### Nationwide Platforms A LOXAM Company

Candidates will learn changes to IPAF, regulations and law surrounding powered access with courses of increasing difficulty identifying operator strengths as well as potential training needs. (Only for IPAF cards holders)

#### Module 1 - IPAF & Safety Update

- IPAF Update
- Safety Update
- BS8460
- Working at Height Regulations
- CDM
- Recent accidents
- Causes & factors
- Accident Outcomes

#### Module 2 - Safety Systems

- Importance of Pre use Check
- Emergency Lowering

#### Module 3 - Walk-through & Demo

- Simulator functions
- Familiarisation
- Scoring overview

#### Module 4 - Virtual Simulator Assessment

- 6 VR scenarios
- 3 levels of difficulty

#### Module 5 - Testing

- Knowledge Test 15 questions
- Wrap Up

## Site Induction / Workforce Skills Assessment

### Nationwide Platforms A LOXAM Company

Experienced IPAF card holders will complete scenarios of increasing difficulty with a trainer providing live feedback and comments on operational competence.

Training outcomes and advice for candidates and managers based on scores, along with recommendations for machine use and further training required.

#### Module 1 - Walk-through & Demo

- Simulator functions
- Familiarisation
- Scoring overview

#### Module 2 - Virtual Simulator Assessment

- 6 VR scenarios
- 3 levels of difficulty

#### Module 3 - Feedback

- Training Suggestions
- Operator Feedback
- Wrap Up

## Risk Awareness Workshop

### Nationwide Platforms A LOXAM Company

The course provides an update on powered access risks and control measures as well as an update on current laws regarding the use of access equipment. This training can support risk assessment planning and post-accident investigation.

#### Module 1 - IPAF & Safety Update

- IPAF Update
- Safety Update
- Working at Height Regulations
- Recent Accidents
- Causes & Factors
- Accident Outcomes

#### Module 2 - Powered Access Risks & Controls

- Pre Use Checks
- Safety Systems
- Familiarisation
- Risk Assessments

#### Module 3 - Walk-through & Demo

- Simulator functions
- Familiarisation
- Scoring overview

#### Module 4 - VR Assessment

- Operate the machine in multiple scenarios
- Evaluate risks in each scenario
- Debrief risks and challenges

#### Module 5 - Testing

- Knowledge Test 10 questions
- Wrap Up

Duration	1 day
Location	At our depot or on-site
Method	Virtual reality experience
Delegate numbers	16 maximum

Duration	1 day
Location	At our depot or on-site
Method	Virtual reality experience
Delegate numbers	30 maximum

Duration	1 day
Location	At our depot or on-site
Method	VR experience
Delegate numbers	10 maximum

# Courses

If you're working on site there may be specific issues that arise requiring further advice, knowledge or training for you and your colleagues.

We offer a range of standard Toolbox Talks but can also provide additional talks and bespoke training courses in line with your specific requirements tailored to any organisation.

Please contact us on **01455 552800** and ask for one of our training consultants to discuss this in further detail.

## Daily Checks Toolbox Talk

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Even trained operators can cut corners while doing their daily checks, particularly under the pressure of a working day, but it is vital that a full check is carried out on the machine before use.

This Toolbox Talk will re-visit the daily checks operators are taught on their IPAF operators course and ensure that delegates are aware of the importance of daily checks for their safety and the safety of those around them.

## Powered Access Operator Assessments

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Are your operators working safely on site while using powered access platforms?

We can't be everywhere all the time to be able to answer that question, but we can visit your site and assess your operators.

An assessment will be taken of the whole site and operators working on it. This will then be provided to you in a written report, enabling you to take steps to improve safety on your site.

## Emergency Descent Toolbox Talk

**Nationwide Platforms**  
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This session focuses on how to bring the platform down to ground level in case of an emergency while elevated.

Individual pieces of powered access have different emergency descents, but the procedure should be the same.

This course is aimed at operatives and designated ground staff to ensure they are confident in the emergency descent procedure on the machines being used on-site.



To see videos of our safety attachments in action visit [www.nationwideplatforms.co.uk/en-gb/services/safety-innovations](http://www.nationwideplatforms.co.uk/en-gb/services/safety-innovations)

Duration	30 minutes
Location	On-site
Method	Practical and class-room based
Delegate numbers	10 per session max

Duration	2-4 hours dependent on number of operators and size of your site
Location	On-site
Method	Practical and class-room based
Delegate numbers	10 per session max

## Secondary Guarding Toolbox Talk

### Nationwide Platforms A LOXAM Company

This Toolbox Talk covers the causes and factors that increase the risk of entrapment, the processes and products available to reduce these risks and essential rescue advice.

Entrapment incidents, also known as trapping or crushing, are caused when an operator is trapped between the platform and an object in the work area, unable to regain control of the machine, resulting in injury or fatality.

Having the appropriate training can help greatly reduce the chance of an entrapment incident by raising operator awareness to trapping risks.



Scan this QR code with your Smart Phone App to see a video of our secondary guarding solutions in action.

## MEWP Mid Air Rescue

### Nationwide Platforms A LOXAM Company

This course is designed to provide delegates with the following knowledge:

- Product familiarisation on relevant machines
- Emergency rescue from ground control workshops
- Compliance checks
- Rescue plan hierarchy
- How to conduct basket to basket mid-air rescue

## MEWP Site Survey Training

### Nationwide Platforms A LOXAM Company

The course guides candidates through the process of determining the optimum MEWP for a given task.

Factors covered include height, reach, up-and-over height, the weight of people, required materials & tools, environment, restrictions, set-up, hazards, permits, accessories, delivery, and completion of documentation to justify the selection

*"Providing the customer with the right solution to perform the working at height task safely and efficiently is a primary activity of any powered access rental company. I believe the IPAF Site Assessment Training Course is a significant step forward in supporting this need; it provides consistency and a clearly thought-out approach. The customer can be assured that the advice given is backed by high-quality training and this, together with the on-site assessor's experience, should logically result in fewer errors and incidents on the worksite."* - Brian Stead, Services Director, Loxam Pad & Chair of the IPAF UK Country Council.

Duration	30 minutes
Location	On-site
Method	Practical and classroom based
Delegate numbers	10 per session max

Duration	Half day
Location	At our depot or on-site
Method	Practical and classroom based
Delegate numbers	10 per session max

Duration	Half day
Location	At our depot or on-site
Method	e-Learning and Practical based
Delegate numbers	6 per session max

# Courses

## IOSH Managing Safely



This course is designed for anyone with responsibility for safety management and associated legislation.

### What will I learn?

- How to ensure that safety requirements are appreciated by people employed by line managers
- How to review your own departmental systems for safety
- An understanding of introducing and implementing new controls or changes as appropriate to making your workplace safer
- Play a key role in the development of safety management systems and a safer working culture for your organisation

## Site Management Safety Training Scheme (SMSTS)



This course is aimed at first line managers, foremen, team leaders, supervisors and those who have, or are about to acquire supervisory responsibilities. It provides an introduction to health and safety, welfare and environmental issues, and legal responsibilities relevant to their work.

### What will I learn?

- Manage health and safety on site in accordance with the current legal provisions and within the context of their management or supervisory role
- Develop an understanding of your responsibilities and accountability for site health, safety and welfare
- Recognise that a safe site is efficient, economical and productive
- 2 day refresher course also available

## Site Supervisors Safety Training Scheme (SSSTS)



This course provides an introduction to health and safety, welfare and environmental issues for those requiring an understanding of their legal responsibilities relevant to their work activities.

### What will I learn?

- Effectively communicate site safety messages
- Ensure the welfare and safety of site workers by undertaking inspections and inputting ideas in to risk assessments and controls
- Maintaining records and taking steps to implement safe systems of work
- A greater understanding of the regulations associated with workplace safety
- How to carry out effective site inductions and complete risk assessments, Toolbox Talks and method statements
- Be able to monitor site activities safely and understand the importance of timely intervention

Duration	4 full days or 2 days per week over 2 weeks
Location	At our depot or on-site
Method	Practical and classroom based
Delegate numbers	12 per session max

Duration	5 full days
Location	At our depot or on-site
Method	Practical and classroom based
Delegate numbers	15 per session max

Duration	2 full days
Location	At our depot or on-site
Method	Practical and classroom based
Delegate numbers	15 per session max



## Lifting - Appointed Person CPCS - A61



This course is for supervisors and managers with a responsibility for lifting operations who have sufficient experience of the use of cranes to meet the requirements specified in British Standard 7121 - Code of Practice for the Safe Use of Cranes.

### What will I learn?

- The legislation controlling crane operations and BS7121/ LOLER Regulations
- The basics of crane drawing
- An understanding of crane stability accessories, planned lifting operations, risk assessments and method statements
- How to understand crane specifications and plan a lift scenario

## CPCS Slinger / Signaller - A40



This course will give you foundation training and assessment in slinging and signalling.

### What will I learn?

- How to establish the weight and dimensions of load and communicate this information to the crane operator
- How to select appropriate lifting tackle and attach and detach it correctly and safely
- How to use clear and unambiguous signals to direct the actions of a crane moving loads of various weights and dimensions
- How to determine the serviceability of lifting accessories, maintain and store them

## Basic Slinging - Slinger Banksman



This course is ideal for novice and experienced delegates wishing to be trained in safe slinging techniques.

### What will I learn?

- Safe slinging techniques, legal responsibilities and safe systems of work
- A thorough understanding of the lifting tackle
- An understanding of the significance of adhering to the safe working load of all equipment involved with a lift

Duration	4 full days
Location	On-site
Method	Practical and class-room based
Delegate numbers	8 per session max

Duration	4 full days
Location	On-site
Method	Practical and class-room based
Delegate numbers	3 per session max

Duration	1 full day
Location	On-site
Method	Practical and class-room based
Delegate numbers	3 per session max

# Courses

## Forklift Novice and Refresher



This industry accredited course is for potential and existing operators who have received no formal instruction, as well as those requiring refresher training.

### What will I learn?

- How to operate and manoeuvre a forklift
- How to correctly assess loads
- Understand the steps required to correctly inspect a forklift
- Responsibilities under the Health and Safety at Work Act, 1974, PUWER 98 & LOLER 98

## Counterbalance Forklift Truck / Rough Terrain Masted and Reach Truck



Training designed for novice or experienced delegates of forklift trucks or rough terrain masted and reach trucks.

### What will I learn?

- The safe and efficient uses of a rough terrain masted counterbalance lift truck
- An introduction to trucks and their major constituent parts
- The causes of truck instability and correct methods of use in different applications
- The safe and efficient stacking and de-stacking of various loads is covered in detail including vehicle loading and unloading
- How to carry out truck refuelling
- Responsibilities under the Health and Safety at Work Act, 1974, PUWER 98 & LOLER 98

## Telescopic Materials Handler



Designed for novice or experienced delegates in using telescopic material handling vehicles.

### What will I learn?

- The background to the major constituent parts of the truck and their uses
- How to identify the causes of truck instability along with the correct methods of use in different applications
- The understanding of safe and efficient stacking and de-stacking of various loads
- An introduction to various machine attachments, their uses and their effect on truck stability
- Load charts and their importance are also explained, as well as the load moment/ safe load indicator
- Pre-use checks and refuelling procedures are also discussed

Duration	1-5 days dependent on experience
Location	On-site
Method	Practical and classroom based
Delegate numbers	3 per session max

Duration	Novice delegates - 5 days Experienced delegates - 3 days
Location	On-site
Method	Practical and classroom based
Delegate numbers	3 per session max

Duration	Novice delegates - 5 days Experienced delegates - 3 days
Location	On-site
Method	Practical and classroom based
Delegate numbers	3 per session max

## Asbestos Awareness

### Nationwide Platforms A LOXAM Company

Asbestos awareness training is essential for employees whose work holds the potential to expose them to asbestos.

#### What will I learn?

- What asbestos is
- Health hazards of asbestos
- Asbestos in buildings
- Asbestos waste
- Emergency procedures related to asbestos exposure

## Safe Use of Abrasive Wheels

### Nationwide Platforms A LOXAM Company

Designed for any person who may be required to use an abrasive wheel in the workplace.

#### What will I learn?

- An understanding of the legal requirements and responsibilities for the safe use of abrasive wheels
- How to identify a potential hazard and its reasonably foreseeable risks
- How to select the appropriate machinery and PPE required for the work being undertaken
- The key points in selecting appropriate safety equipment that may be used and how to carry out appropriate pre-use checks
- How to be able to correctly mark, store, handle and transport abrasive wheels and any ancillary equipment such as discs
- How to conduct a practical exercise using the appropriate safety equipment, in a safe and efficient manner

## Confined Space Awareness

### Nationwide Platforms A LOXAM Company

This City and Guilds accredited training is for the supervisors and managers of operatives who carry out work in confined spaces, as well as operatives who may encounter confined spaces in their work.

#### What will I learn?

- A greater understanding of the basic skills and knowledge to supervise and support work in confined spaces
- A complete awareness of the risks and legal obligations involved with working in confined spaces

Duration	Half day
Location	At our depot or on-site
Method	Practical and classroom based
Delegate numbers	12 per session max

Duration	Half day
Location	On-site
Method	Practical and classroom based
Delegate numbers	12 per session max

Duration	1 full day
Location	On-site
Method	Practical and classroom based
Delegate numbers	12 per session max

# Locations

## SCOTLAND&NORTH EAST

### ABERDEEN

Cairnrobin Pipeyard  
Portlethen  
Aberdeen  
AB12 4SB

### DUNDEE

6 Faraday Street  
Dryburgh Industrial Estate,  
Dundee  
DD2 3QQ

### GLASGOW

Unit B East Point  
13 Melford Road  
Righead Ind Estate Bellshill  
Glasgow  
ML4 3LR

### EDINBURGH

Unit 6D  
Uphall Business Park  
Loaning Hill, Broxburn  
West Lothian  
EH52 5NT

## MIDLANDS & THE NORTH

### BIRMINGHAM

Willenhall Road  
Darlaston Wednesbury  
West Midlands  
WS10 8JG

### BLACKBURN

New Trees Garage  
Myerscough Road  
Mellor Brook, Blackburn  
BB2 7LB

### DURHAM

Damson Way  
Dragon Ville Industrial Estate  
Durham  
DH1 2YN

### LEEDS

Old Run Road  
Unit 1, Blackburn Works, Hunslet  
Leeds  
LS10 2AA

### LEICESTER

Unit 10-11  
Arkwright Hill Farm  
Lutterworth Road (A426) Nr Cosby,  
LE9 1RH

### NOTTINGHAM

Unit 21  
Hazelford Way  
Newstead  
NG15 0DQ

### SCUNTHORPE

7 Atkinsons Way  
Foxhill Industrial Estate  
Scunthorpe  
DN15 8QQ

### WARRINGTON

Unit D, Appleton  
Industrial Park  
Barleycastle Lane  
Appleton Thorn  
Warrington  
WA4 4QT

### WELLINGBOROUGH

Sidegate Lane  
Wellingborough  
Northants  
NN8 1RN

## **SOUTH WEST & SOUTH WALES**

### **DIDCOT**

Hawksworth  
Industrial Estate  
Didcot, Oxfordshire  
OX11 7HR

### **BRISTOL**

Merebank Road  
Avonmouth  
Bristol  
BS11 8AQ

### **CARDIFF**

Castle Works  
East Moors Road  
Cardiff  
CF24 5NN

### **LISKEARD**

Moorswater Industrial Estate,  
Liskeard  
Cornwall  
PL14 4LB

### **SWANSEA**

Unit 8 RVB Park  
Carnffrwd Way  
Enterprise Park  
Swansea  
SA6 8QD

### **SOUTHAMPTON**

Claylands Road  
Industrial Estate  
Bishops Waltham  
SO32 1BH

### **TAUNTON**

Venture Way  
Priorswood Industrial Estate,  
Taunton  
Somerset  
TA2 8DE

## **SOUTH EAST**

### **KENT**

Plot 1, Thameside Terminal, Cliffe  
Nr Rochester  
Kent  
ME3 7SU

### **LONDON EAST**

6 Oliver Road  
West Thurrock  
Essex  
RM20 3ED

### **LONDON WEST**

West London Industrial Park  
Iver Lane, Cowley, Uxbridge  
UB8 2JG

### **LUTON**

Unit 12 Dencora Way  
Sundon Park Ind Estate, Luton,  
LU3 3HP

### **NORWICH**

Rookery Farm  
Silver Street, Besthorpe  
Norwich  
NR17 2LD



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